

BRIDGES

WEDNESDAY, DECEMBER 17, 2014

MUSIC:

Saskatchewan music fans pick their festive favourites **P. 4**

ON THE SCENE:

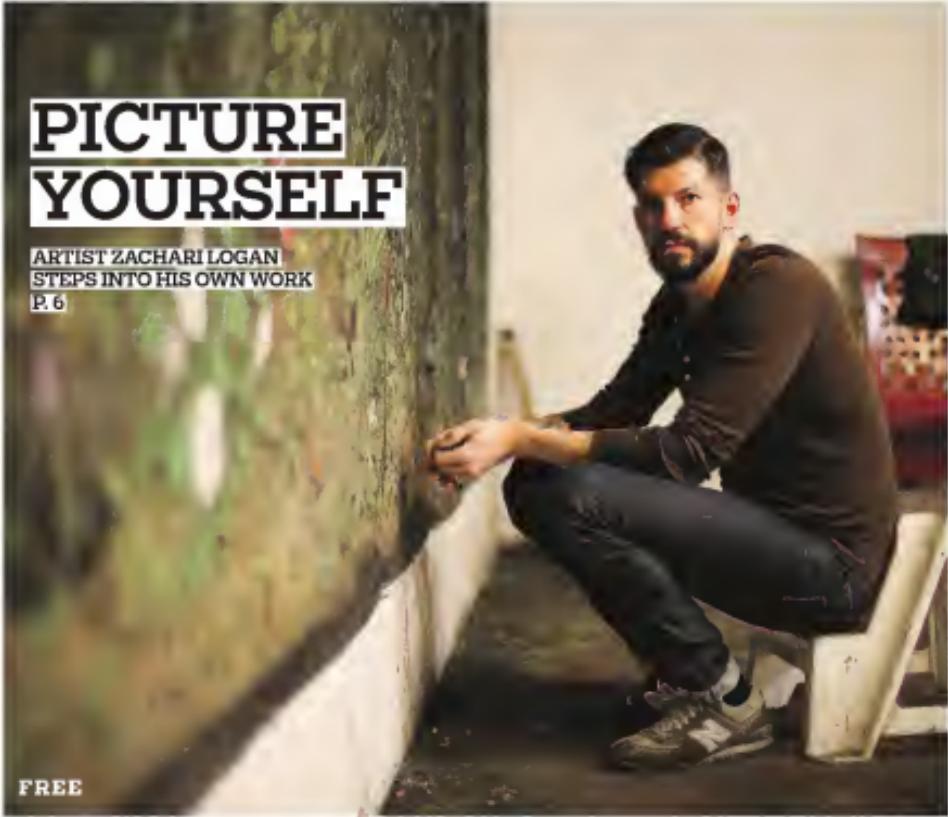
Supporting the Food Bank at the Bassment's eight-hour piano-thon **P. 10**

WINE WORLD:

A gift that will impress the cork dork on your list **P. 23**

PICTURE YOURSELF

ARTIST ZACHARI LOGAN
STEPS INTO HIS OWN WORK
P. 6



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READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

BY MERLE MASSIE

Forest Prairie Edge: Place History in Saskatchewan

When I moved to Saskatoon — to open space and sky and shimmering heat — I treasured the green canopy the cool darkness of the trees and the garden river that ran through my childhood.

Growing up in the forest fringe north of Prince Albert, I saw lakes, meadows, spruce, aspen, firs, logging, fishing and trapping defined home. I didn't recognize or play along with "prairie." In fact, all that saw and sky gave me headache. I saw Saskatchewan, but, frankly, not from the Prairies.

Studying Canadian history at the University of Saskatchewan I start

to see how much of the Saskatchewan story is missing from, or not told by, history books. Saskatchewan is the Prairies' identity, home and home wars and ambitions, prairies and forests, politics and medicine, potash and oil. Saskatchewan's north comes out sounding like another country: far from brigades, rivers and lakes, trees and rocks — what we now know, but full of promise. The two subtleties of Saskatchewan.

What would happen to the story if thought of it from the perspective of the place where I grew up? At the edge, the柔度 between the forest and the bared land, in the places where north and south come into play? What new stories would we hear?

It turned out that Prairies prairie prusted the brierwood at west and west, building strength depending on season and weather. I traced the story of the Treaty Six, subsection north of Prince Albert, and the creation of Little Red River breeding reserve, I explored Saskatchewan's massive logging industry, the mixed farming movement (where King Wheat was debarred), and soldier settlement. I followed coastal freighters through the Inlet, as they struck north and south together.

Saskatchewan's northern forests centred on Lathrop and Prince Albert, but North Saskatchewan Park, made trees and lakes beautiful. Finally, drought and depression climate migrants, like my grandparents, left the north as a dust storm. They ran political in Prairies, which (like) the towns along the forest edge became during the hard years. This classic Saskatchewan even story of that and despair looks apart at the trees.

I have local history, and I believe in the power of the everyday stories people tell. In this book I share the story of my hometown area north of Prince Albert, as a way to recognize the unexpected, fascinating variety of Saskatchewan.

Merle Massie is a writer, editor, her mother, and former She earned a PhD from the University of Saskatchewan in 2010 and leads a research fellowship at the University of Ottawa. She is at work on her next book, from her home in Biggar, Saskatchewan.

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ON THE COVER PG. 6



Zachary Lopan is working on a special for a 2015 show in New York. www.thestar.com/life/food-and-drink/1010

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SHARP EATS P. 20



Brothers and Farmers Estate Winery owners Brian and Lawrence Wien will use bacon from their family farm to make bacon cheddar arancini. www.thestar.com/life/food-and-drink/1010

BRIDGES COVER PHOTO BY MICHELLE BERG

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MUSIC

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CHRISTMAS CAROLS

Sask. music fans pick their festive favourites

By Ashley Martin

I asked some of Shrek's most ardent fans about their favourite Christmas songs. See if you agree with their picks.

Jeffrey Straker, *Regime*

One of my favorite Christmas songs is The Christmas Song. It's kind of a yester tune, but for those who don't know what and I mean it's the one that starts with "Chester" consisting on an open fire. I really prefer the Nat King Cole 1961 version that was recorded with a full orchestra, although many people have covered it and lots of great versions exist. This version is really gentle and the arrangement is so beautiful. I like the arrangement of the orchestra, they really take me to Christmas. I agent as a kid when it was arranged and the anticipation of the big day was almost unbearable. It was written in 1946 by Bob Wells and Mel Torme. In the middle of a blistering hot summer is an attempt to cool off. They wrote it at 8:30 minutes down, rewrites say 15 minutes! Not bad for less than a week's work!

Jens S. Munkittrick, Liaparus.org

My favourite Christmas song is a tie between any version of O Holy Night, and anything by Ramsey and Dooley. That whole album was always (and still is) always on repeat at Christmas time!

Colleen Hannan, OHL 2 Jack FM
mnatco@aol.com

Christmas isn't Christmas for me without Uncle Eddie's Merry Xmas Everybody. I usually start it Christmas Eve when the whole family has piled onto my sofa's car wearing Santa hats and we drive around and look at Christmas lights. I look forward to racing a drive and telling out "T.P.A. CHRISTMASMAS" along with Eddie's car stereo.



Consumers' switching between 1 and 2 price points for their products due to price increases, and the resulting effect on sales

Claytonia Lanthicum (Kacy & Clayton, The Deep Dark Woods).
Glossy-leaved.

Recently I've been listening to an album by The Young Tradition with Shirley and Dolley Golino called The Hickory Beams The Crown. On the album there is a song called It's Far Too Much. It's an old bluesy

sung with a great simple melody and words depicting the nativity

Key the Aspennut...Saskatoon
Charlie Brown Theme Song— or the stereotypical hip-hop answer would be Christmas on H�lls by Run DMC

100 *Environ Monit Assess* (2009)

My favorite all time Christmas song is Mary Did you Know? Mark Lowry wrote the lyrics many years ago and while working on this site I wondered if Mary outlined those little hands were the same hands that scooped out meers and formed a manger. It is never too late to believe.

Clark found the right music to match the lyrics. He had shared the lyrics with a lot of musicians, but it wasn't until his friend Buddy Greene heard the lyrics that the song had the per-

Throughout the years this has been my most requested song during the Christmas season.

MUSIC

Gracy Beppu, 92.9 The Bull morning host, *Seaskateon*

Boney M.'s *Merry, Boy Child* is the one that makes me think Christmas. We used to hear it every year, all through the holidays, at my grandparents', and my siblings and cousins knew that one by heart. It really tugs on your heart to when we were little. The other is Mariah Carey's *O Holy Night*. I honestly listen to that one year round. Not many artists can do that one like she does with the crazy hug note at the end and the control she has. *Goose Bangs Every Time*

Andy Devolos (*AndiKoo*, *Stew's*, *Regina*)

Happy Xmas (We're Over It) by John Lennon. That song is about peace and love. When so much war going on in the world, it's nice to think like John did. The song also makes me reflect on how lucky I am, given the fact that there are still ones in the world living in poverty and struggling for basic human rights.

Megan Nash, *Martieash*

I know it's the holidays when I hear Bing Crosby's *White Christmas*. I adore that crooner classic, and love to sing it myself. *White Christmas* is also one of my favourite holiday Elton John seasonal numbers.

Tess Semple (*Per Señorita*, *Regina Symphony Orchestra*, *Regina*)

We love to gather at Christmastime to friends and family. One of my favorite songs from *The 12 Days of Christmas* I always enjoy singing that with children. It's so great to see the joy on their faces as they try to remember what comes next. We also have recordings of our friends singing this song with such passion taking a solo.

This song has recently inspired me to use it as the setting for our (Dec. 21) Per Señorita concert.

One of my favorite versions of this song is by a less known group called the Canadian Quartet. I went to school with one of the bassoon players. One thing you learn about bassoon players is they often have a very good sense of humor. Might have something to do with their choice of instrument! The CD is titled *A Christmas Carol*.

Ronny Allen, *Regina*

There are so many great Christmas songs and I love this one of *O Holy Night* as done by David Fralick and the Canadian Brass. It's simply breathtaking. And *Close Up Christmas* last as done by Suzanne Evans' own Jack Semple. We listen to *Jesus' Good Year* CD every year. It is a Christmas fest at our house.

Megan Lane, *Seaskateon*

My favorite Christmas song is *Blue Christmas* by Elton John. As a child (about six years old), I became obsessed with Elton after hearing one of his songs on the radio while driving with my dad and listening to the oldies station. I then began to collect all of his tapes, posters, playing cards — anything I could get my hands on! Then I found the *Elton Christmas* album, and *Blue Christmas* just stood out to me as such a beautiful, joyful tune. As an adult, it still is one of my faves, especially after spending Christmas away from family while traveling or someone. We always used to sing it around the campfire and I might just record a *YouTube* version of it this year.

Merry Christmas every one, and if you're like me, a stiff drink and listen to *Blue Christmas* on repeat (I've been there!).



Boney M.'s *Merry, Boy Child* is a Christmas classic for *Seaskateon* radio host Gracy Beppu. **JEFFREY PHELPS**

SHORTLIST

- *The Christmas Song* — Nat King Cole
- *Many Day You Know?* (jazzy version)
- *O Holy Night* (jazzy versions, including these by David Fralick and Mariah Carey)
- *Once Upon A Christmas* album by Karen Carpenter and Dolly Parton
- *Merry Xmas Everybody* — Siede
- *It's El Faro Bethlehem* — The Young Tradition with Shirley and Dolly Collins
- *Charlie Brown Theme* — Vince Guaraldi
- *Christmas in Hollis* — Run DMC
- *The 12 Days of Christmas* — The Gibbons Quartet
- *Merry's Boy Child* — Boney M.
- *Happy Xmas (We're Over It)* — John Lennon
- *White Christmas* — Bing Crosby
- *Grow Up Christmas List* — Jack Semple
- *Merry Christmas* — Elton John

ON THE COVER

When you're drawing yourself, there's this strange intimacy to it. —Zachari Logan

ZACHERI LOGAN

World renowned artist has impressive body of work



Zachari Logan works on a piece for his final solo project in New York, which will be at the Lander-Lohman Museum's Hosmer Street holiday gallery in winter 2015. PHOTOS BY MICHELLE RITZ

By Sean Trembath

Zachari Logan has a CV like an art history book. New York, Vienna, Paris, Athens, Monterrey, Mexico.

The St. Louis artist's work, which tackles masculinity, gender and sexuality through a highly personal lens, has taken him around the world. His

most recent shows, with institutions in Vienna and Bucharest planned for the next year.

But 2015 will also see him share

more than ever before with his home province. It's not that he's unknown here. He has pieces in the permanent collections of the Menzel, the Saint Louis Art Board, the Univer-

sity of St. Louis and more. He has participated in the Menzel's Artists by Artists series twice, once as a mentor and later as a mentor.

He has three solo exhibitions planned for St. Louis—two in Region and one in Northland—early the next year. They'll appear together in shows he's working on to show how his work has

evolved from the more stark self-portraits some associate him with to intimate renderings of the body and nature.

More than ever before, his work is informed by St. Louis. His nature and landscapes. He also recently won the Emerging Artist category at The Lieutenant Governor's Arts

Awards, presented by the Missouri Arts Board. It's a perfect time for him to show here.

"It's an important conference of events for me to have all that happen in the province of one. I've been an long showing outside of the prav way. It's special to me personally," Logan says.

As a queer man, I wouldn't be honest in my work if I didn't acknowledge it is a pretty important aspect, for sure.

—Logan



Zachari Logan stands in front of his inspiration wall in his studio. ANDREW PHOTOS BY MICHELLE BEERS

These structures with Logan's source would likely be surprised to know he was using them to help him work on self-expression. As a student, he was interested in queerness and traditional expressions of masculinity. His wide collage of male imagery from fashion catalogues to classical portraiture.

A professor convinced him to focus the main structure on himself.

"He's turned a queer gaze onto the male figure but said if you were to turn that gaze at yourself, it's one thing to objectify an image of another person, but then doing that same thing

to your own body might be interesting," Logan remembers his being told.

It worked. To this day, Logan's own home has gone heavily into his art. It contains his studio, but his body is a crucial element to almost or everything he produces.

"I found it was much more poetically engaging. It's easy to choose an image of a man from the internet but ever and when you're drawing yourself, there's that strange intimacy to it," he says.

Continued on page B

Be a good sport and make a difference!



Poverty is standing in the way of a Merry Christmas for thousands of people in our community. The StarPhoenix is asking people to make a big difference for many Saskatchewanians and their families this Christmas.

The Sporting Christmas Fund, operated by The StarPhoenix, has set a goal to help alleviate hunger and sadness for as many people as possible this holiday season. All donations are turned over to the Salvation Army, where money is put to good use for those in need of a Christmas dinner or a helping hand.

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I think Zach has a really good sense of curiosity. A strong sense of thirst. He's inquisitive, curious (and) absolutely passionate about seeking out both technical and conceptual information. — Allison Norlen

Logan had originally intended to go out of practice for his master's degree, but was encouraged to apply by the prospect of funding.

"I looked at my masters as two years they were giving me to create a body of work," he says.

He gives a lot of credit to his professors, and in particular Allison Norlen, who occupied the mentor role in his first Masters show.

Norlen is reluctant to take any such credit for Logan's work, like was one of the convincing forces behind getting him to stay at the U of S, but says he has earned his status through natural drive and passion.

"I think Zach has a really good sense of curiosity. A strong sense of thirst. His inquisitiveness (was) absolutely passionate about seeking out both technical and conceptual information," she says.

He first really got some attention around while he was still a student. A gallery in Paris saw some of Logan's work in a magazine and offered him a solo show. While Logan was in France, he found out he was selected for MFA Now, a prestigious New York-based award that saw his work tour internationally.

Those two exhibitions were the first in the door Logan needed.

"Everything else has kind of been organic. One thing led to another," he says.

Logan says this is how the art world should work. You get seen, you make relationships and your work travels by word of mouth.

In his case, at least some of his success seems to stem from how he conducts himself.

"His attitude is really wonderful. The way he works with beauty and students here. He's very generous with sharing knowledge, very open-minded with students, and very open-minded with students in particular," says Zachary Bernstein, director and co-owner of the Thompson Kerr Gallery in Calgary, says.

Of course, some of that success is the art is not bad. Bernstein says he found Logan's work refreshing, but not because it was something he had never seen before. Instead, Logan's focus on classical structure and the fundamentals of abstraction



Zach Logan works on a piece for his 2013 solo exhibit in New York. The elaborately detailed *Church Tapestry* spans over seven metres on the wall of his studio and are based on a 16th-century Flemish work that made the story of a saint for the mythic city. PHOTOS: PHOENIX COMMUNITIES

also were a welcome departure from an academic or nature-based artwork, says an art-free-form and disparate it looks is foundation.

"I think the form of representation is very traditional, in a lot of ways. Just to that you can see a certain earnest coming from a studio and presented in a gallery, suggested there was a counter-current against that, anything and everything kind of drawing," Bernstein says.

He is also attracted to Logan's

subject matter. Recently, with his MFA thesis project, Logan has shifted toward more intricate portraiture. His body is still present, but it is now rounded and at times command by nature.

An example of this work is the *Europa Tapestry*. The pieces are large — one work he is making for a New York gallery spans over seven metres on the wall of his studio. Based on the *Europa* Tapestry, a 16th-century Flemish work which tell the story of

a hunt for the mythic beast. Logan's pieces are elaborately detailed. Flora and fauna are elegantly woven into a tapestry both physical and visual.

"In using the language of his major painting and tapestry techniques in these drawings, and recreating the narrative using repeat, as the embodiment of the unicorn," he says.

Logan's sexual identity has al-

ways figured heavily into his work. It used to be more overt, especially in his male self-portraiture, but it still sneaks itself through the surface of his work.

"The idea of identity and queerness and understanding accepted ideals about masculinity, those sorts of things are ever-present," he says.

He says it's always going to, at least partially, who he does, as any artist is naturally informed by who they are.

Just to see that counter-current coming from a studio and presented in a gallery, suggested there was a counter-current against that anything and everything kind of drawing. — Wayne Baerwaldt



Xizhan Logan's nature-centric work will be featured in his 2015 shows at the Roan Art Gallery and Silver Fine Art Gallery. INSET: Photo by Michaela Rien

"I wouldn't say I embrace one aspect of my narrative more than another but it's ever present. As a queer man, I wouldn't be honest as my narrative if I didn't acknowledge it is a pretty important aspect, for sure," he says.

In embracing the natural, Logan has brought backtracking into the narrative he is constructing.

"A lot of this work in particular is about this place. It's about my relationship to the landscape, while still using those earlier narratives about identity and queerness," he says.

He references ditches, something he associates with the provincial landscape. The imagery on his studio wall includes ditch plants, mostly in the foreground.

"It has something to do with the natural, or the in-between space for queerness," he says.

Appropriately, that nature-on-the-wall will figure heavily into his shows in the province over the next year. He will be at the Chapel Gallery in North Battleford this month through March and at the Ro-

gie Art Gallery and the State Fine Art Gallery in October.

He has chosen to make his home in Saskatoon despite having previously worked as a teacher, more specifically government centres. The decision is partly practical. His work space is in the Bridge City Theatre, so living is reasonable. And so far, his flexibility to disseminate his work worldwide

has been able to travel abroad, as those projects do not depend on him physically. He presents the art shows in other cities, and it's been economically feasible. He also has this enormous studio, which I would not have probably anywhere else," Logan says.

Logan also plays a role. His parents and husband live in Sackville. One of the only downfalls of such a busy travelling schedule is managing his friend time.

"It's hard to be apart for so long," he says.

Luckily, his husband has been able to accompany him on many of his journeys, and will be along on both of Logan's planned residencies next year.

"Even though I'm in these solo shows places, it's always nice if you can share them with someone you love," Logan says.

He remains at still quite young. His style and the media he uses will continue to change, as will his recent focus into ceramics.

Whatever his passions take him, he is happy to be able to live and work as he does, living off the fruits of his creativity.

"I had a real desire to draw from a very young age, it because more for me, I mean, more of an idea, it could become a career later," he says.

ON THE SCENE

PIANO-THON FOR THE SASKATOON FOOD BANK

The Basement's Piano Pledge Series extended into an all-night jazz party last week.

Saskatoon's best jazzmen and women donated their time and talents in support of the Saskatoon Food Bank and Learning Centre on Dec. 13. Donations for the Food Bank were accepted on a cover charge for the eight-hour show that went until midnight.

BRIDGET PHOTOS BY GREG PENDER



ON THE SCENE



1. A donation to the food bank was good for admission.

2. Greg Kostynuk and Chelsi James

3. Mary Conlin and Meg Kirby

4. Clark Rosay, Delta Real Estate Novell and Rick Novell

5. Maureen Redd, Wavel Howard, Lise Ferguson and Karen Heverd

6. Tracy Thompson and Amy Stewart, Nurture

7. Ben Kippas and Dunne Peterson

8. Brett Belcourt, Enertech

9. Glen Sonstad and Some Sonstad with Dan Griffith

Nuts About Nature At Beaver Creek Conservation Area



Hi! I'm Chip. My name is Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,
I'd like to give the birds in my neighbourhood a Christmas present. What can I give them?

Serena

Dear Serena,
What a super idea! I've heard that this is a really special time of year for many of you humans and that you often give each other gifts. Christmas is a wonderful time to show your appreciation for nature by presenting her with a gift. Birds need three important things in their habitat in order to survive: food, water, and shelter. If you can provide any of these items you will have "gifted" the birds with a better chance of making it through the winter. Most birds around at this time of year need high-energy foods to power them through the cold days and night. Blue jay seed (peanut butter) mixed with black oil sunflower seeds is a tasty treat that can't be beat! This combination will appeal to a wide number of birds including chickadees, jays, and woodpeckers! Merry Christmas!

Send your questions to me at the address below. I'm happy to help with the answers.

Your pal, Chip

Former Lakeshore Animal Health
42 1/2 100th Street
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IN THE CITY

DECEMBER 13, 2014 - 11:59 P.M.

A canine Christmas



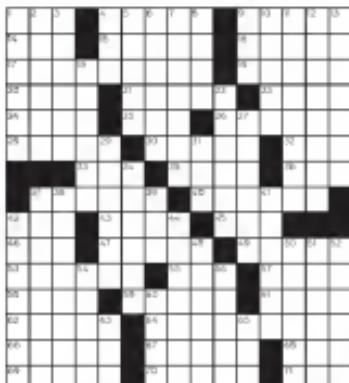
Cali, a husky-shepherd mix, poses for her first photo with Santa at Wilson's Greenhouse and Garden Center. Proceeds went to New Hope Dog Rescue. STYLING: HEATHER MCKEELE/STYLING

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

1 New or never. *Re*
4 Sounds from first
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14 Mac and ... *Sam*
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21 "Home ..."
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propositional name
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36 Loosen in the band
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(ROSS MCKEEON/AMERICAN-STATESMAN)

68 New York Address

69 Cherie's pet cat in L.A.

70 Action

71 That

72 Chris, who is an last
year's Voter

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Car station

75 Vouchers

76 Upgrade informally

78 Name abbreviations

81 Name for the Party
Leader82 George who wrote
"We Are Our Mountain"

84 Magazine letter of

86 Referred to as

87 Particulars to the

"Hoboken" theme
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EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., Dec. 17

Gorgeous Bluegrass

Bands on Broadway;
817 Broadway Ave.

Thurs., Dec. 18

Brian McNamee

Cinemas Restaurant &

Lounging;

1-237 Broadway St.

Who Drew a Porno

Bands on Broadway;

817 Broadway Ave.

Reets Series: Kacy & Darci

10c Basement;

204 Fourth Ave. N.

Fri., Dec. 19

Nighttime

Bands on Broadway;

817 Broadway Ave.

Plane Friday: Patan Quinn

Plane Series: Jason Wilson
w/ Gayle Miller

The Basement;

204 Fourth Ave. N.

Don McConnell

Army & Navy Club;

359 First Ave. N.

The Standards Trio

Monkey Business;

3100 Eighth St. E.

Leon Dallas

Farfield Senior Citizens'

Center;

103 Fairmont Ct.

Rock Jammin'

Twin Town Tavern;

3330 Fairlight Dr.

Panels in Japan w/ Classy Chassey, The Department Heads and Blackwater

Amigos Lounge;

6321 10th St. E.

Christmas in Japan w/ De-

stafato and Phoebe Baldwin

Nighttime



Catch him, justin Moore down at the Basement on Piano Saturday. (PHOTO BY RICHARD MARSH)

Wings of Heaven,
849 Broadway Ave.

Bands on Broadway;
817 Broadway Ave.

3330 Eighth St. E.

424 and Flecked Punk

204 Fourth Ave. N.

The Northern Light w/ Minor

Mother and Taylor Jade w/

Little Criminals

Punk Rock Christmas

Wingate;

8348 Broadway Ave.

Plane Saturdays: Measure

Days of Wine

Jazz Singer Series: West and

The Vocalists

The Basement;

204 Fourth Ave. N.

One Radical

17 Broadfoot Centre

244 First Ave. N.

Men, Dec. 22

Blues Headquarters

Pizza's Pub and Grill;

1403 Mayfield Br. N.

Bar McConnell

Army & Navy Club;

359 First Ave. N.

Blues Party: Ralph's Rhythm

6321 10th St. E.

Blues Headquarters

106-10 Ruthardt, E.

Barney Roy

Stun's Place;

100-10 Ruth St. E.

Blues Party: Kinky's

6008 Spadine Cres. W.

6321 10th St. E.

Blues Party: The

Blues, Dec. 21

Barney Roy

Stun's Place;

100-10 Ruth St. E.

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EVENTS

Mundet Art Gallery

Until Jan. 4 at 930 Spadina Ave. E. Modern Vision: The 50th anniversary exhibition, Modern Vision, presents about 150 works from the permanent collection. The Members' Sale in the gallery shop is until Dec. 26, with selected works up to 30 per cent off.

Artists Drawn Together

Dec. 19, 7 p.m. to 9 p.m., and Dec. 30, 10 a.m. to 4 p.m., at Le Belles, Federation of Newfoundland, 302-308 Fourth Ave. N. An art show and sale of recent paintings by viales Woodhouse and others.

Hand Wave Gallery

Until Dec. 28 at 1035 Third Ave. N., Mississauga. One Colour by gallery artists.

Prairie Star Gallery

Until Dec. 28 at 1035 Eighth St. B. Re-hashed: These Eyes by gallery artists and guests.

Humboldt and District Museum and Gallery

Until Dec. 31 at 601 Main St., in Humboldt. A Local Perspective by Miriam Vidotha: An exhibit of wildlife paintings.

Art in the Centre

Through December at Padronis Centre, 110 Chippewa Cres. Art to Inspire.

SKYAP-Gallery

Until Jan. 2 at 253 Third Ave. S. Aspirations by Amanda Haslam-Higley: Surrealistic paintings in both abstract and portraiture.

The Gallery at Princess Margaret Central Library

Until Jan. 2 at 2365 56th St. E. Across the Ocean by Jean Ross. Paintings inspired by the nature of Africa and urban Saskatoons.

Eye Gallery

Until Jan. 2 at 1014-1020 College Dr. Ink Sketchbreakers.

Family Petals

Until Jan. 31 at 212 Third Ave. S. A collection of framed photographic artworks by Sharon Deak.

Affinity Gallery

Until Jan. 10 at 813 Broadway Ave. Imaginacy Architects: Imaginative

handmade toys and games in a variety of mediums. Reception: Jan. 9, 7 p.m. to 9 p.m.

Ukrainian Museum of Canada

Until Jan. 31 at 910 Spadina Ave. E. Dreaming in Ukrainian: Israel photographing by Andrija Kopylech and Karen Polkowsky.

Green Ark: Collected Home

Until Feb. 2 at 212 20th St. W. Works by Geoffrey Meister.

Linked Colony Collection

Until Feb. 28 along the riverbank from the Ukrainian Village Centre to the Mendel Art Gallery. An installation in the trees. By Monizka Martin with support from Saskatchewan Teria members.

Saskatoon City Hospital Gallery on the Bridges

Until Feb. 28 on the east floor of the Ahura at Saskatoon City Hospital. Watercolour Landscapes by Petrie L. Clarke.

Western Development Museum

Through April 2015 at 2410 Lorne Ave. Big Bend Trailblazing Exhibit: In partnership with the Royal Saskatchewan Museum. A 92-million-year-old ceratodus skeleton brought back to life through 3D imaging.

FAMILY

Stay and Play

Tuesdays and Wednesdays, 9:30 a.m. to 11:15 a.m., through April. For children up to age five. Semi-structured, crafts, snack, story time, toy, activities. Email childcare@skatekennett@gmail.com or visit the Facebook page.

Shows and Stories

Wednesday, 11 a.m. at Centre Charles in the Centre. Choice of two stories each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theatres.

C's Clean and Bright

Daily, 10 a.m. to 8 p.m., in Bay 4 of 619 South Railway St. W. In Wascana Saskatchewan's newest indoor playground for children up to age 12. Visit cscleanandbright.com or facebook.com/cleanandbright.



Parrot & Dove by Sharon Deak is on display at Family Petals. submitted photo

EVENTS

Seaskatoon Public Library Programs

Offering daily programs for children and families. Find the calendar at seaskatoonlibrary.ca/home/10186

SPECIAL EVENTS

Seaskatoon Farmers' Market

Open year-round. Wednesday and Sunday, 10 a.m. to 3 p.m., and Saturday 9 a.m. to 3 p.m. Farmers are in attendance Tuesday to Friday, 10 a.m. to 3 p.m., and Saturday and Sunday during market hours. Food service and specialty shops are open. Information at seaskatoonfarmersmarket.com. Contact 306-286-6382, skfarmers@seaskatoon.ca.

Mayfair Gospel Singing

With readings, 11:15 p.m. at Mayfair United Church. Singers are and experienced players are welcome. For information call 306-651-3131.

Shuttle Backpacks Accepting Supplies

Dec. 17, 3 p.m. to 9 p.m., at the Courts of Prince Charles, 2333 Homan Ave. For information on what goes to a backpack, visit shuttle-shaeks.com. Facebook.com/shuttlecan be made online.

Christmas Comedy Special

Dec. 17, 7 p.m. at Capitol Music Club, 314a First Ave. N. Guests include comedians Kelly Taylor and Jim Gorman, performers.

Angle Bucks

Until Dec. 19, on Broadway Ave. Enter to win from \$100 to \$500 in trade books or gift certificates. Broadway Avenue, Anchorage. Angle Bucks can be spent at Broadway that can't be spent at Broadway.

The Huron Gondola

Dec. 10, 7:30 p.m. at TCU Place. A national tour raising funds and awareness for Gondola Health. Tickets at 306-615-1795, tcfunds.ca.



Conoraw Kelly Taylor, part of the Christmas Comedy Special on Dec. 17, 2014, at Capitol Music Club. (FILE PHOTO BY MICHAELLE BURKE)

West Coast Swing Dancing

Every second Wednesday, 9 p.m. to 12 a.m., at Lourdes Catholic Secondary School. Learn to swing at swingatlou.com.

Realtor Hour Concerts

Dec. 18, 12 p.m., at Market United Church, 5602 33rd St. W. Tributes to the Vicks, 2012 and 40th. Bring a dish and a \$10 donation. Tickets at the church and McNally Robinson.

countries around the world.

First night is free. Visit swingatlou.com.

Memory Lane

Dec. 18, 7:30 p.m., at Market United Church, 5602 33rd St. W. Tributes to the Vicks, 2012 and 40th. Bring a dish and a \$10 donation. Tickets at the church and McNally Robinson.

Christmas on 20th

Dec. 19, 2 p.m. to 4:30 p.m., at St. Thomas Wesley United Church, 801 20th St. W. Free musical entertainment, turkey toss and hot chocolate. Performers include St. Thomas Wesley Choir, St. Paul's United Church with Mark Zolak, and

McClure United Church, Free

Panberg and Grotewell Park United Church, Neophytes Singers of Naumann Valley United Church, and Brenda Baker and Shelden Gorber.

Story Circle for Adults

Third Friday of the month, 6 p.m. to 7:30 p.m., at the Lethbridge Centre, 21 Second St. E. Bring a story or come to listen. Hot/cold snacks are welcome. Admission is free and donations are accepted.

Dinner in the Dark: A Winter

Feast

Dec. 20, 6 p.m. to 9 p.m., at the Seaskatoon Farmers' Market, 414 Ave. S.E. Fortinberg Social

market food prepared by chef

in residence Chef Jenni Denner is served in total darkness, letting your other senses take over. Tickets at pacacan.com.

Christmas Memories

Dec. 20-21, 1:30 p.m., at TCU Place. The Friends in- and Christmas concert. The 100+ voice choir performs with orchestral accompaniment and vocal and instrumental soloists. Tickets at 306-963-7795, tcfunds.ca.

The Amazing Hobby Band

Dec. 20, 7 p.m. to 10:30 p.m., at St. David's Trinity United Church. Dessert will follow. Tickets at 306-382-0960, 3305-383-5568.

Spirit of Christmas Concert

Dec. 21, 2:30 p.m., at Our Lady of Fatima Church in Lethbridge. Performance by Our Lady of Fatima and Friends Parish Choir. Desserts will follow. Admission by silver collection.

Off-Broadway Farmers' Market, International Bazaar, and Bistro

Tuesdays, 11 a.m. to 4 p.m., in the basement of Grace-Wesley United church, 1001 10th St. E. Offering a variety of locally produced food, clothing and accessories from India, pet products, baking, and India clothes. New vendors welcome. Call 306-656-2942 or email christmas@thunison.ca.

EVENTS

Tonight It's Poetry
Dec. 20, 7:30 p.m., at The Woods All Purpose, 168 Second Ave. N. Poetry Slam featuring Leah Skibek.

Old Time Dancing
Second and fourth Tuesdays of the month, through April, 7:30 p.m. to 10:30 p.m., at Grace-Westminster United Church, 505 19th St. E. Hosted by Saskatoon Pattern Dance Club. Reservations for the first hour: Call 306-256-9283 or 306-393-3302.

HHP Milton Enchanted Forest Holiday Lights
Tour
Until Jan. 10, 9:30 a.m. to 11 p.m. at the Saskatoon

Forestry Farm Park & Zoo. Light walk Jan. 11, 9:30 p.m. to 10 p.m. The drive-through Christmas display celebrates its 16th anniversary. Tickets at the gate, and car passes at Safeway or Shoppers Drug Mart. Funds raised support the Saskatoon Zoo Foundation and the Saskatoon Hospital Foundation.

Farmers' Market Closed
Dec. 22 to Jan. 1. Regular hours resume Jan. 2.

THEATRE

Macbeth: The Red Christmas
Until Dec. 21 at Shadie 916, 914 20th St. W. Clare Bear is engaged, Zulu is

moving away and Shakes is in jail, a story of family, friendship and love in the Red Christmas Series. Tickets at lotusproductions.ca, 306-667-1231.

Back to the Manger
Dec. 21 to Jan. 12, at the Salvation Army Seikken-Tempel, 36 Gateman Ave. A Christmas musical. A small group of children discover a time machine through which they discover the true meaning of Christmas.

With sounds and styles of the 1940s, '50s and '60s. Also airing live on youtube.com.

It's a Wonderful Life
Until Dec. 21 at Tapphouse Theatre. Based on the Frank Capra film

and the Original Story by Philip Van Doren Stern. George Bailey is facing financial adversity and in his moment of greatest despair, is saved by a guardian angel named Clarence Oddbody. Tickets at 306-396-7727, tapphousetheatre.org.

The Haunted Men
Until Dec. 21 at Duncraig Tap Theatre in Macleans Charles Dickens' other Christmas story — the true ghost story — Tickets at 306-336-4445. Information at duncraigtaptheatre.com.

Seven Dials is a unique community service offered by Design for Life. It is a collection of unique items, including clothing, household items and more, available at no charge to people in the lowest 20 percent of the income scale.



SNTU presents Macbeth with Dalton Lankford and Leocy Mann-Gowdy (front), and Leah Dallas Standing and Colleen Heister (back). The play runs until Dec. 21 at Studio 44, 44 1/2 Hub. For tickets, call 306-393-3302.



**Next week in
BRIDGES**
Colleen and Wally Mah have donated time, money and houses to EGADZ

OUTSIDE THE LINES



Colouring contest

Each week, Stephane McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a parent scan it and email it to bridges@thestar.com. One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Khalid Mohammad. Thanks to everyone who submitted entries!



For the Toys you've Always Wanted
gigglefactory.ca

The Greatest Toy Store in
 Saskatoon!! Largest
 Selection of Playmobil &
 Calico Critters. We also carry
 a huge selection of Unique
 Toys and Great Party Supplies,
 including Balloon Designing!

Come See us In our Great
 Location with Free Parking
150 – 1824 McOrmond
Dr. 975-9630

SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook

SASKATCHEWAN FOOD SCENE

Beer made from prairie-grown barley is worth a try

By Jenn Sharp

There's a trend toward education when it comes to food. People want to know how their food is made and where it comes from. That trend is happening in kitchen choices too.

For two brothers from Melfort, it's all about getting back to basics. Lawrence and Chris Warwasuk, the owners of Farmery Distillery & Brewery, make beer the old-fashioned way and use time-honoured methods.

"We like to make beer out of barley. Maybe [other] ales like to make beer out of rice and corn syrup, but we like to make beer out of traditional things," says Lawrence.

The brothers grew up on the family farm, located just west of Weyburn. Their father, now deceased, grew up on a farm in the 1940s and 1950s. A large debt overshadowed with low commodity prices forced many to abandon farming. It was no different for their dad, who quit farming 17 years ago after declining bank ratings.

Lawrence and Chris moved to Weyburn. They opened Lure Sole in 1999, which has evolved into a gastropub called Lanafane. They always bought the restaurant's beer, lagers and ales directly from area farmers.

"We're just going to keep the sys tem and start sourcing our malt from the farmer because we can do it out of it," says Lawrence.

"That was our foundation for the restaurant. We were form buyers offering that service of farm gate to the pub," continues. "After the word was out, we got calls like, 'Chris, can you make beer?'"

From a home-brewing outfit, beer production evolved from the Warwasuk's restaurant model.

They wanted to go back to farm ing, too, and were able to buy back the original farm. Lawrence and his family live there today. Most farm ers sell their grain wholesale, but the Warwasuk's have figured out a smart, sustainable way to add value to the barley they grow. "They do this



on a much smaller acreage than the typical, large-scale farming operation, where 3,000 acres is usually the minimum to make a profit on the wholesale grain market.

The Warwasuk's have to plant over 300 acres. All the barley grown on the farm is used for Farmery products.

It's easy to take that barley to an elevator. "I'm getting less than 80¢ a bushel, which is crazy," says Lawrence.

And a big part of what Farmery products supports the family operation. One of these products is the Harvest Bread line. Simply pour a Farmery beer into the mix, add some butter and bake it for an hour. The result is dense, crusty bread with an earthy flavor — and no preservatives! They also make a pretzel and waffle mix designed to be used with Farmery beer, along with various other food



Farmery owners Chris and Lawrence Warwasuk use barley grown on their family farm outside Weyburn to make breads and beer. (PHOTOGRAPH BY JENN SHARP)

options. Beer and pretzels made from hops can be purchased online.

The food line up is available in Saskatchewan Co-op stores. If you're in Weyburn, check out the Farmery Beer Store. Most of these products are also locally produced goods at the Farmery.

Farmery's premium lager is made by third-generation brewing a long day on the farm. It's available too... no brewing or boiling and with a clean finish.

"We wanted to make a beer that Chris and I like to drink," continues Lawrence.

They're hoping to open a general store for the farm the new harvest in the spring, and operate an agri-tourism business to show how beer is made

in the Prairies.

"It's designed to showcase and teach people how beer is actually made as they get to go through that learning process. Basically give that same sense and feel if you go to Kelowna and see the grapes and how they make wine."

"We want people to be proud of where they come from. For the last few years, everyone jumped over Alberta and Saskatchewan to go to Alberta," says Lawrence.

To find out more about Farmery Distillery and see the Weyburn ale appearance on Dragon's Den, go to www.farmery.ca or www.facebook.com/FarmeryDistillery.

BRIDGES CAMPAIGN PROFILE

RUH Foundation goes for gold to support stroke treatment

It happens every ten minutes in this country. Someone begins to feel a sudden tingling in their face and a spreading numbness on one side of the body. The arm on that side may suddenly drop dead against the body, clamping the torso. The person fumbles for the phone, but has trouble making the call. When the call goes through, they stumble through slurred words and panic to explain their predicament.

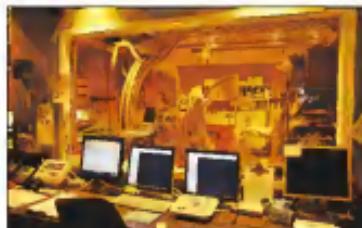
Someone is having a stroke. If that someone succeeds in reaching 9-1-1, an ambulance will bring them to the emergency department at Royal University Hospital (RUH) where the care they will receive represents a significant transformation.

"That process has been revised thoroughly from top to bottom over the last six months or so, since we officially formed our stroke program and formed a team including a stroke nurse, neurosurgeon and neurology staff," says Dr. Gary Hunter, a neurologist at RUH and part of the stroke team.

The new system offers important strengths that can significantly improve patient outcomes. One is information sharing through a pre-notification alert that a stroke patient is coming in. The patient's age, medical history and current status are available to the stroke team that is already waiting in the emergency department when the patient arrives, and through all the stages, including those who do the CT scan.

The streamlined process has

second strength: previous results are shaved off each stage of the patient's diagnosis and treatment. If the stroke is caused by a blood clot (ischemic), the clot-busting medication (tPA), will be administered if investigations reveal the patient is a good candidate. This medication can help prevent disability after a stroke and works best if given as soon as possible after the onset of stroke symptoms. If the patient has a large blood clot that tPA cannot dissolve, the patient will quickly be taken to the vascular suite where an endovascular device can remove the clot. Dr. Hunter says that, even for larger blockages, this endovascular treatment can be very effective. "We're looking at the difference between long-term severe disability and literally walking out of the hospital with minimal to no deficits in a day or two."



With your support of the RUH Foundation, the Saskatoon Health Region stroke team looks forward to the upgrade of the existing vascular suite (shown here) and creating a second suite to include the most advanced equipment in Canada.

To multiply these amazing successes and set the gold standard for stroke and other stroke treatment, the RUH Foundation is raising funds for a new fully equipped angiography suite and upgrades to the existing suite. The \$1 million needed now will top up the government investment of \$3 million towards the \$3 million total cost for the equipment and renovated suite. "We want to be able to provide the best possible equipment, the newest technology to our physicians and care teams, as well as to patients and their families," says Aris Giastas, CEO of RUH Foundation.

The new state-of-the-art advanced 3D angiography suite will provide minimally invasive treatment that allows specialists to view the brain in three dimensions and remove blood clots without surgery. "The availability, efficiency and accuracy of the equipment will



Members of the Saskatoon Stroke Program Team: Dr. Michael Kelly, Director - Saskatchewan Cerebrovascular Centre, Saskatoon Health Research Chair and Associate Professor, Neurosurgery and Medical Imaging, University of Saskatchewan and Saskatoon Health Region; Dr. Gary Hunter, Neurologist, Saskatoon Health Region; Ruth Whelan, Stroke Services Clinical Nurse Specialist; Dr. Lisa Peacock, Clinical Assistant Professor, Neurosurgery and Medical Imaging; and Aileen Gardner, Cerebrovascular Clinical Nurse Coordinator.

all be improvements," says Dr. Hunter. "It will make a huge difference to those patients whose condition renders them unable to benefit from usual treatment procedures. Patients want to have confidence in the care they receive, not only from the time they arrive at emergency but also through the whole system," says Giastas. As 2014 wraps up, the RUH Foundation invites you to consider making a donation for this important new equipment. "The acute stroke pathway is a provincial initiative from

the Ministry of Health. We are looking at how we can make this kind of treatment available across the province, and standardizing treatment protocols," says Dr. Hunter. Additional uses of the new equipment include improved diagnostics and treatment options for cancer patients, and treating life-threatening bleeding. Your valued support through a donation will help save lives and improve outcomes.

To donate contact:
Royal University Hospital Foundation
PH. (306) 655-1984 • ruhf.org
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HEALTH

ARGON TREE

Get the scoop on argan oil

By Sara Williams

In less than a decade, argan oil has hit the European and North American markets and become the "new" high-end ingredient for culinary and cosmetic products. It's been used for centuries almost exclusively by Moroccan Berbers.

Argan oil is a product of the argan tree, rich in vitamin E, Omega 6, oleic acid, linoleic acid and is a mono-unsaturated fat. Cosmetically, it is used as a moisturizer for skin, hair and nails, either as the oil alone, or as a soap or lotion.

The flavor is distinctive, rich and nutty, an earthy oil. It can be used as a salad dressing, for dips, puree, soups and for flavoring pastries, but cannot be heated. Argan — a paste made from shea nuts, argan oil and honey — is typically spread on bread.

The argan tree (*Argania spinosa*) is an ancient species native to southwestern Morocco. Only eight to 10 meters high, it resembles a gnarled old olive tree but with thorns capable of lacerating anyone foolish enough to climb it. It lives 150 to 200 years, reaching fruiting maturity after 30 years.

The fruit, the size of a small apricot, has a tough husk containing pulpy flesh surrounding a very hard nut. The nut contains one (sometimes two or three) small, smooth kernels or seeds. The nut takes over a year to mature, cracking and falling in June and July.

Extraction of argan oil is a three-hour enterprise. It takes 30 kg of fruit and about 10 hours of labor to produce just one litre of oil.

Argan fruits are first dried in the open air. Then the husk and fleshy pulp are removed. The nut itself is then cracked to obtain the smooth kernels. The kernel is broken open by tapping it be-

tween a large stone and a smaller hand-held one. Attempts to mechanize this process have been unsuccessful.

Kernels to be used for food are then gently washed. After cooling, they are ground and pressed to obtain pure, unfiltered argan oil. The oil is decanted into vats and left to熟化 (ripen) as used as cattle feed.

Traditional goats provided a much-appreciated labour-saving service: climbing the tree, eating the fruit, digesting the bark and leaving the kernel passes the bark and the pulp from its digestive tract. The kernels are then collected from the ground, cleaned and processed. The goats' involvement eliminated the first five days of the process. Although undoubtedly organic, the goat stage of production is now largely bypassed — in the interest of producing a "gut health-free" taste or smell in the end product. But much of the rest of the process remains unchanged.

International demand has created a viable economy for local villages with two to three million people relying on it as a source of income. Many argan cooperatives have been established to provide economic and social benefits to rural women, offering them fair wages and hours to sat the seeds of their family.

In Morocco, argan forests cover some 8,000 square kilometers and are designated a UNESCO World Heritage Reserve. Their deep root systems enable them to colonize the desert fringes, making them a vitally important defense against desertification.

This column is provided courtesy of the Sustainable Personal Society (sustainablepersonalsociety.com). Check out our bulletin board or calendar for upcoming personal development sessions.



Argan oil is the latest luxury and cosmetic trend. Traditionally, goats were used to eat the leaves, leaving the fruit to ripen by天然 (natural). Photo courtesy of Sustainable Personal Society.

WINE WORLD

SASKATCHEWAN WINE SCENE

Impress the cork dork on your Christmas list

By James Romanow

There's a many number of people in the world who only drink red and also want to drink local. That has resulted in the production of some interesting beverages.

Why don't you take a leaf from Anthony MacCartney the executive chef at the Saskatoon Club and consider all of Canada as "local." That way you will actually get a decent red — a really decent red. Hell, just go for a good red for a change. Put behind you those nasty California ones — the cork with the case label, assume those choices to other people. Put aside that cork with grapes and you'll want to drink.

Allow me to introduce you to perhaps someones else in the Lexington Stockyards. That wine is escape in a couple of ways, starting with the info that informs a cork dork is actually pasteurized in the wine bottle. Then the barrel-fermentation technique to the blend, it's all there, although displayed in a (relatively) spread around the bottle.

Furthermore, the winemakers have pulled off something that is only the most accomplished wine makers can manage. The wine has zero residual sugar but has a tremendously smooth palate with tauted textures and finishes from barrels.

In short, this is a highly sophisticated wine that will keep any moderately experienced



drinker very happy. Also, the price is such that few of us will turn this into one house red, more's the pity. What the heck, it's the hell days, you know. No wine drinker turns down a gift of good wine.

Whether this is for private drinking or a shared pleasure, this is a red you'll want to try. Go on. Indulge yourself.

Luxington Stock Vineyards Lexington VQA, 2011, \$15.99 *****

Next week, Canadian bubbly. But there's always more wine in Monday's paper and on Twitter @drbeebrie.

Crossword/Sudoku answers

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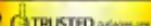
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Holiday fun for Everyone!

Agus 5-12, drop-in (daily 1pm-4pm)

December 20-23

Reindeer-aid Christmas cards to make
gloves, reindeer, wreaths, and more.

December 26-30

Scavenger hunt for the most festive household items from the fun winter colors.

December 31-Jan. 5

Make a maple-waddle hand warmer or an around-the-neck hand warmer out of the materials that line around Saskatchewan through winter.

Meewasin Valley Centre

402 Third Avenue South

306-645-6888

Dec. 20-21, 8am-4pm

Dec. 22-23, 10am-4pm

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